

beeline for the telephone to call friends and family, only to discover that the phone only worked about half of the time. Today, our little cabin in the woods includes working phones, a fax, and high-speed wireless Internet service. I now head to the pole barn to log in some quiet personal time.

Time to Reflect

Responding to Others: Reserved vs. Outgoing

You and your spouse should independently answer the following questions and then compare answers.

Note: Original purchasers of this book are permitted to photocopy or download the forms in this book for personal use only, not for distribution. All forms can be found and downloaded at www.SleepingWithYourBusinessPartner.com.

1. Which aspects of your work energize you and which aspects drain you?

2. Which aspects of your spouse's work energize your spouse and which aspects drain your spouse?

We have looked at the tendencies of the reserved and the outgoing. Now, let's see at what speed people take action and make decisions. Let's look at the third aspect of your personality, that of your natural tendencies toward "Pacing Activities."

Pacing Activity

In today's world, most people are somewhat familiar with the labels "Type A" and "Type B" personality types. By now, you probably have a rather clear notion as to whether you are "Type A" or "Type B," in other words whether you are an urgent or a steady person. In this section, we will look into how the urgent and steady personality types use different styles when approaching action or decision-making situations.